

# Babysitting

Basic first aid and caregiving skills for youth 11–15 years old. Participants learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies. Course also offers youth the training to promote themselves as a babysitter to prospective parents.



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## Duration

8 hours. Flexible scheduling options.

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## Instructor

Red Cross Babysitting Facilitator or Red Cross First Aid Instructor/Instructor Trainer

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## Completion Requirements

100% attendance, skills demonstration, and 75% min. passing grade on written exam

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## Prerequisite

Min. 11 years of age

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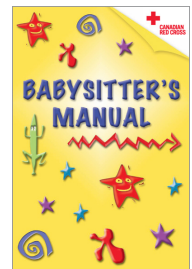
## Course Content

- > Business of babysitting
- > Caring for babies
- > Caring for toddlers
- > Caring for preschoolers
- > Caring for school-aged children
- > Creating safe environments
- > How to handle emergencies and first aid

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## Take-Home Materials

Red Cross Babysitter's Manual  
Babysitter Wallet Card and optional Babysitter Wall Certificate



Red Cross First Aid. The Experience to Make a Difference.

[www.redcross.ca/firstaid](http://www.redcross.ca/firstaid) | 1.877.356.3226